

What is claimed is:

1. A headwear comprising
a head receiving portion including a first stretchable fabric made of high twist
yarn; and
5 a sweat band peripherally attached to the inside of the head receiving portion.

2. The headwear as claimed in claim 1, wherein the head receiving portion is a crown
of a hat or a cap for covering a head, the crown having panels of the first stretchable fabric,
the panel being stitched to form the crown.

3. The headwear as claimed in claim 1, wherein the head receiving portion is a
headband for peripherally receiving a head.

4. The headwear as claimed in claim 1, wherein the first stretchable fabric is one
selected from a group comprising a woven fabric, knitted fabric and non-woven fabric,
wherein the first stretchable fabric includes high twist yarn.

5. The headwear as claimed in claim 4, wherein the first stretchable fabric includes
the high twist yarn as weft.

6. The headwear as claimed in claim 1, wherein the sweat band includes a band core
for softly pressing a head and a second stretchable fabric for partially covering the band
core against the head.

7. The headwear as claimed in claim 6, wherein the second stretchable fabric
includes high twist yarn.

8. The headwear as claimed in claim 7, wherein the second stretchable fabric
includes an elastic material therein.

9. The headwear as claimed in claim 6, wherein the band core includes at least one selected from a group comprising woven fabric, knitted fabric, non-woven fabric and resin foam.

5 10. The headwear as claimed in claim 9, wherein the band core includes an elastic band layer and a polyurethane foam layer.

11. The headwear as claimed in claim 6, wherein the band core and the second stretchable fabric are stitched with a stretchable yarn.

10

12. The headwear as claimed in claim 1, wherein lower end portions of the sweat band and the crown are wholly pressed and stitched together with a stretchable yarn, along the lower edge of the crown.

15 13. The headwear as claimed in claim 1, further comprising a shape tape attached to the crown, along the lower edge of the crown.